

FOREIGN MENU—EXCHANGE—ADVENTURES WITH A PURSE—CYNTHIA'S ADVICE—FASHIONS

MRS. WILSON GIVES SOME POLISH RECIPES

Economical Ways of Foreign Housewives Are Worth Noticing and Copying in These Days

Schnecken Is a Dessert Used by These People Which Is Good and Nutritious

By MRS. M. A. WILSON

THE cold regions of Pennsylvania are thickly populated with foreigners, and one need not visit them in order to see that they have brought to their new homes in this country the methods and recipes that are centuries old.

The Polish housewife is very thrifty and looks well to the ways of her household and she utilizes each bit of food because she knows very well that willful waste makes woeful want.

Naturally she still clings to the Old-World custom of a liberal supply of vegetables and a minimum of expensive meats. So let us take a trip to market with her. The dealer knows that the foreign housewife will not pay fancy prices; she expects just what and carries with her her purchases.

For this reason the store merchant does not need elaborate equipment or delivery service. My visit to the Polish housewife in the mining regions of this state and our trip to market was very interesting and enlightening on many points. The little that I know of the Polish language stood me in good stead, for she carried on her entire conversation with the market men in her own tongue.

For a family of eight, four men in the family, doing hard, laborious work, we purchased:

- Two bunches of beets with unsalted tops.
- One dozen peppers.
- One-half peck of potatoes.
- Four turnips.
- One-fourth peck of onions.
- Four carrots.
- One-fourth pound of cheese.
- Two and one-half pounds of neck of mutton.
- One and one-half pounds of skin beef.
- One package of farina.

How the Menu Was Prepared

Polish Relish
Beef and Carrots Soup
Beet and Onion Relish
Mutton Stew with Vegetables
Schnecken
Coffee

You know the Polish husband is a splendid "provider" for his family. He works hard and takes great pleasure in making a good home, and he wishes, above all things, that his wife and daughters learn to cook in the true American style. In the small towns and settlements in which he resides, he finds little time in these places; and no matter how humble his home is, he would gladly invite you to break bread with him.

Polish Relish
Cut the tops from the beets and wash in plenty of water. Cook tops until tender in boiling water, and then drain and chop very fine. Now mince two ounces of salt pork fine, place in a saucepan and cook slowly for five minutes. Add:

One cup of sliced onions.
Four peppers, chopped fine.
Two cloves or garlic.

Cook slowly and then season to taste. Spread on rye bread, dust well with paprika and serve.

Beef and Farina Soup
Wash the shin of beef, place in a saucepan with three quarts of cold water and add:

Three onions.
One clove or garlic.
One jagged cup herbs.
Cook slowly for two and one-half hours and then add one-half cup of farina. Cook for one-half hour and season and then serve. This is a very thick soup.

Beet and Onion Relish
Cook the beets until tender, then remove the skins and cut into slices. Place in a deep dish and add:

Six onions, cut in slices.
One bay leaf.
One teaspoon of thyme.
Two tablespoons of sugar.
One teaspoon of salt.

The Question Corner

Today's Inquiries
1. Describe a pretty waste basket seen in the shops.
2. What material of good enough appearance to look well as a tray, and at the same time easier to keep bright than silver?
3. How is an attractive and inexpensive nightgown trimmed?
4. What will clean oak woodwork?
5. Is it correct to wear patent leather pumps with an evening dress at a formal affair?
6. What home-made paste is good for cleaning brass?

Yesterday's Answers
1. Adding a little bluing and a drop of ammonia to the water in which cut glass is washed will make it shine.
2. An attractive base for an electric lamp is a small Dolly Drake in bright, painted metal.
3. Rows of ribbon are used to cover complete a net bonnet cap.
4. A light but durable lamp screen is made of enameled tin.
5. The necessity of finishing the sides of a small apron can be avoided by bordering it with washable ribbon or tape.
6. A convenient and easily managed trousers press is a folding box of pasteboard that keeps the trousers firmly pressed down.

MAGUIRE'S IRISH CORN PLASTER
You can wear your SMALLEST SHOES with EASE and COMFORT while using MAGUIRE'S IRISH CORN PLASTER. NO PAIN. Takes Them Out by Rubbing. Rubs It Off. Call for Sample.

Ask Mrs. Wilson

If you have any cookery problem bring them to Mrs. Wilson. She will be glad to answer you through these columns. No personal replies, however, can be given. Address questions to Mrs. M. A. Wilson, EVENING PUBLIC LEDGER, Philadelphia.

One teaspoon of paprika. And vinegar to cover.

Mutton Stew with Vegetables
This is almost the same as we would cook it with the exception of a few caraway seeds which are added for flavoring.

Schnecken
Place in a mixing bowl
Three cups of flour,
One teaspoon of salt,
One tablespoon of baking powder.

Sift to mix and then rub in one-half cup of shortening and mix to a dough with one-half cup of water. Roll out one-half inch thick on a well-floured pastry board. Now spread thickly with brown sugar, chopped nuts, cinnamon, one-half cup of dried citron or orange peel. Roll as for jelly roll and then cut in slices three-quarters inch thick. Grease a baking sheet and add four tablespoons of melted shortening. Spread the pan with one cup of brown sugar. Lay the slices close together and bake for twenty minutes in a moderate oven. Remove and turn from the pan to a greased paper and cut; then serve with fruit sauce.

Adventures With a Purse

"WE HAD just a few of them that came in last summer," she explained. "And we sold them in no time. It is almost impossible to keep them on hand. And this new stock that we have received will not last any time." She was speaking of novelty luncheon clothes in pale pink or pale blue, with a delicate design of white running through them. They are made of mercerized cotton, and, in addition to their attractiveness, they make practical covers, for they keep fresh and crisp longer than a white cloth. For the summer cottage, or just to use for luncheon at home, they are very nice. They cost \$6, or \$4 inches, and you had better see about them at once, for as I already have said, they are not going to be available very long.

The estimable writer of the Chaffing Dish once said that the minute one reads an article beginning "Everybody knows that..." one immediately knows that one is about to read of something nobody ever knew or heard of before. In spite of this, I shall begin this article by saying that everybody knows that the time to take care of one's hair is before it starts to fall out. Afterward, alas! it is too late. And one very good way to take care of it is by the use of a good tonic applied with a hair tonic comb. This comb differs very greatly from the comb that takes the hair out, with thick teeth that are toothed affair, with thick teeth that are hollow. To the handle is attached a bulb. The bulb is filled with the tonic which is thus forced from the bulb through the teeth of the comb and so into the hair. The tonic is distributed evenly, and gets way into the scalp, which is where it does its best work. One of these combs costs 50c.

To tell you that frequently a bit of fresh lace and a good pressing will "perk up" your afternoon dress, is telling you something you already know. So instead I shall tell you of a shop I know where a most interesting sale of silver and gold lace, edgings and furnishings is being held. Many of the laces have been reduced to half price, and it would be quite possible to make over a dress as new with the addition of some of this lovely lace. I fancy that the sale will not last very long, for every one is flocking to it, so you had better stop there the very first minute you have.

Send a self-addressed, stamped envelope to the Editor of Woman's Page or call Walnut 3000, for names of shops where articles mentioned in Adventures with a Purse may be purchased.

Y. W. C. A. Notes

Events in the life of the American army of occupation during the last year can be traced in the numerical chart showing the number of meals served in the Y. W. C. A. hostess house in Cologne, which was just been received by Y. W. C. A. headquarters in New York. For instance, the greatest number of meals were served between April 10 and April 20. This period just follows the time that General Pershing visited Cologne and presented the Distinguished Service Cross to six generals in the park in front of the hostess house and includes Easter Sunday, when 1550 men and women with the A. E. F. had ham and eggs for breakfast there—the first time eggs had been served at the hostess house. Special arrangements had made this possible and the line for breakfast stretched almost around the park even before the doors had been opened. The third army carnival is also included in this period of time, when a huge refreshment tent was operated in co-operation with other welfare organizations on the carnival grounds in addition to running the hostess house restaurant at a record speed.

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"Cinderella's Daughter"

By HAZEL DEVO BACHELOR
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Synopsis
Virginia West, whose life has been comparatively uneventful until she enters boarding school, begins at once to meet experiences which she has never known. Kathleen Foster, one of the other girls, becomes her best friend, and through Kathleen she meets Jimmy Foster, the man she marries. Marriage brings disillusionment to Virginia, and she realizes that it was not Jimmy himself that she loved but the ideal of Jimmy that her imagination had created. With his death she is left with no money, and a short time after her baby is born, she has the choice as staying with Jimmy's people or of making her way in the world, and she decides to try the latter. At school she has shown a penchant for acting, and she asks Bill Lyons, a friend of Jimmy's, to help her. Kathleen has been engaged to Bill, but has broken the engagement because he is poor. A sudden legacy that is left to him causes Kathleen to change her mind. She is quite willing now to marry him.

"I WANT to go on the stage," Virginia blurted out.

"There was an ominous silence while the producer eyed her with owl-like glances of his. Then he spoke: "Plenty of people do, you know."

If Virginia had but known it, Parks was the one man in the city who would have admitted her to his private office, but he had made it a rule of life never to pass anything that might lead later to a chance or a find. He had stumbled upon some of his best plays in just this way. He had been known to sign contracts with unknown authors who had despaired of ever finding a producer who would take a chance on their manuscripts.

Virginia was gaining confidence. "Yes, I know," she said. "Any experience?" She shook her head.

"What do you think you can do?" "I don't know," she said. "I've written a play. It's called 'The Little Dance that went with it.' She smiled at him. "Maybe I can't do anything," she said, laughing at him like a little girl. "It was sure a change from her former demure attitude and her tragic eyes were so filled now with recklessness that he stared. Then she was over her feeling, and she began to sing. There was nothing particularly new about the words or music; it was the typical song from the typical school play, but it was Virginia's acting of the part, her complete forgetfulness of self, the way she sang the words, everything, that surprised Walter Parks. She finished the dance with a flourish, and then, as she came over to him and began to play her wares.

The words ripped off her tongue laughingly. She was Anatole, the peddler, and a rogue apt to be arrested any day. "You're a little girl," he said, carrying off the scene better than she had on that night long ago when he had played the leading role in "Love's Locksmith" and had met Jimmy for the first time afterward.

She finished and put the tray back on the desk. Parks was looking at her narrowly and unobserved a single word, "Him." Which might have meant much or little.

"Well?" she said eagerly. "Not bad," he grunted, still with the cigar in his mouth. "You're supposed to be a girl under hypnotic influence. Now let me see how you would come into a room, walk across to the mantelpiece and take a box from there."

He leaned back in his chair, and Virginia, with wildly beating heart, walked over to the extreme corner of the office. She tried to drive everything else out of her thoughts but the fact that she had been hypnotized, and she came across the room so slowly, but with an indescribable motion that was half walk and half glide. It was stealthy, furtive and yet not deceptive. She reached up to the mantelpiece for the box, and, securing it, without a look about her, walked out. At the other end of the room she flashed around and faced the imperturbable figure in the chair.

"Well?" she said breathlessly. "I guess we'll try you out," he said evenly. Virginia's heart leaped. "Sixty dollars a week? It isn't much money, but then, it isn't much of a part. Want it?" "Sixty dollars a week! Did she want it? Did a starving man want food?"

Tomorrow—Virginia tells her news.

NOTHING BUT PLAITS FOR ITS TRIMMING

Please Tell Me What to Do

By CYNTHIA



Don't feel that your dress is not trimmed if it is plaited, for plaits are all the trimming you need now. Narrow tucks in groups make the fit of the bodice and the plaits of the skirt are held in by a narrow band at the ankles.

A Daily Fashion Talk by Florence Rose
IT WAS the Paris dressmakers in their wartime effort to cut down the cost of making clothes who started the ball rolling in favor of plaits. This provided a means of decoration without actually calling for any decorative fabric. An entire frock might be made from one sort of fabric if some of it was plaited. And sometimes very fetching little plaited frocks were made from bits of material that would otherwise be useless. Tucking was another means of securing decoration without trimming material.

Plaited skirts have by no means gone by the board and the very fact that the plaited skirt can never be the one chosen by the woman who must limit her wardrobe to a few garments, or a child, woman who must sit in an office all day in the frock in which she expects to go to luncheon or to afternoon tea or even to dinner—this fact puts the plaited skirt into the realm of things exclusive. Thus its vogue is likely to endure.

In the frock today I am showing you the new way of treating the plaited skirt, producing an interesting variety of the barrel silhouette. It is a straight plaited affair and is held in place at the ankles by a band of material. There is nothing freaky about the skirt, however, and the ankle band does not suggest the hobble of another season that made walking a practical impossibility.

The skill of the plaiter was called into play not only in the making of the skirt, for there is a narrow plaiting to finish the edge of the collar and cuffs. Then there are groups of narrow tucks on the bodice, which is held in at a slightly elongated waistline by a narrow belt. The material used was a soft silk of the new shade of green, a little softer and yellower than jade.

And the accessories—for one must always consider the accessories in getting the right effect from smart clothes—the hat is of heavy beige linen. The rolling brim produces the still fashionable off-the-face effect. An absence of trimming of any sort contributed to its smartness.

FRENCH GIRLS GET ADVICE

War Brides Here Told How to Buy Economically

Practical suggestions to French war brides were given last night by Miss Helen Simpson, of Haddonfield, N. J., at the Y. W. C. A., Eighteenth and Arch streets.

In order to economize, she said, it was especially necessary that they should understand the butcher and the baker. The speaker urged specially that the following suggestions be memorized accurately: "That is more than I wish to pay," and "I want only one pound of steak."

The French war brides meet at the Y. W. C. A. every Thursday and discuss topics in their own language.

Please Tell Me What to Do

By CYNTHIA

Agrees With "N. Y. S."

Dear Cynthia—I have read with interest the letter of "N. Y. S." regarding the "Smacking Subject and must say that I fully agree with her. I believe a girl lovers herself a great deal to attempt such a thing. If anything goes so wrong as to warrant she should be lady enough to leave her acquaintance then and there, and forget about him entirely, and not make a bad matter worse. "JUST A GOB."

"Kensington" Comes Back

Dear Cynthia—Concerning age, "Bobbi" released my first yell in captivity. By these letters you may have noticed in the range and carrying power. I could reach out after the high press and not even scratch them with a finger nail. By these letters you may have grown to believe that I have an angelic disposition, sockets for wings and am quite proficient on a harp. Nothing could be further from the truth. Honestly I've thrown my share of "spit-balls" at the teacher and "swiped" as much of the girls' candy as the next. Also, I was "ticked" after school and was "ticked" skinnily to bust 'em a couple between the ears. Proving, as you'll readily admit, my mother's pet theory that I've been born with a "frown" I was bound to make a "racket" in the world. Ah, those happy days! How ignorant I would be! How ignorant I would be! How ignorant I would be!

A February Birthday

Dear Madam—I am going to give a birthday party in February and I would like you to tell me of some decorations and games. We are all children and I will be nine years old. I am not poor, but I would like you to tell me of something I could work on out-of-doors and earn money.

Dear Madam—Will you please answer these questions: What days did October 16, 1880, and May 17, 1880, fall on? READER.

According to the calculations I have made from the perpetual calendar in the World's Almanac, October 16, 1880, came on Saturday, May 17, 1880, came on Monday. Does this refresh your memory?

To the Editor of Woman's Page: To Soften Sealskin

Dear Madam—Will you answer this question for me in the question corner of your paper? I have got a piece of sealskin fur that got wet and made the skin very stiff. I would like to hear of something to soften the skin and make it the same as before it was wet.

CONSTANT READER.

A Reliable Furrier tells me that the best way to soften fur that has been wet is by rubbing it with the hands. If it is not too large a piece it would be better to remove the lining and rub carefully and gently until the fur is soft again. But if it is too large for that, simply rub, being careful not to tear or disturb the lining.

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THE WOMAN'S EXCHANGE

Cleaning Furniture

Dear Madam—Could you kindly tell me how to clean tapestry furniture, what to use and how to go about it? Also, is there any way at all to prevent dust from coming through the hot-air radiator? I try and try to keep my library table, dining and bedroom furniture free from dust, but I believe it to be an impossible feat on account of the heater. Please accept my best wishes for your column and many thank yous.

YOUNG BRIDE.

About the best thing to use for this kind of furniture is carbon tetrachloride, which can be bought at the drug store. The directions are given on the bottle. There is nothing to do but keep the heater from blowing dust about. It's just one of those things that are and have to be. If you dust the furniture every day you at least have the comfort of knowing that it is not your fault that the dust will gather. Keep the furniture well oiled and the dust will not show so badly.

The Woman's Exchange

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THE WOMAN WHO IS ALWAYS ASSERTING HER OWN RIGHTS

Never Seems to Care That She Is Trespassing on the Privileges of Others When She Claims Her Own

THE long line winding back from the cashier's window in the bank sighted with impatience. The woman at the window had finished her transaction, but she was still standing, firmly planted directly before the counter, carefully arranging things in her bag. She could have done that anywhere, and involuntarily the crowd pushed ahead a little and bumped into her. She turned round long enough to give an outraged glare, and then returned in a leisurely manner to her arrangements.

Later in the day she lunched in a cafeteria. Another line stretched out before her this time, for she had already "run the gauntlet" with her tray. But she was back again with the salad that she had just taken to a table. Pushing aside two persons who were standing together waiting for their coffee and waffles, she thrust the plate across the counter. "Put some dressing on this," she told the attendant. "It's as dry as a piece of punk. When I'm entitled to dressing on salad and have to pay as much as this for it, I want plenty of it." She established herself before the counter and coughed enthusiastically, without raising either hand from the tray she was holding.

Do you recognize her? She is the woman who always stands up for her rights. She had a right to stay as long as she wanted at that bank window, and she was not going to move until she was good and ready. She was entitled to more dressing on her salad, and it made no difference how she "mussed up" the line or destroyed the peace of mind of those who were waiting for lunch—she was going to get that dressing. She always knows her rights, but it never occurs to her that she may be trespassing on the rights of others in claiming her own.

YOU meet her very often in the theatre. She sits in front of you, and when she takes off her coat she throws it so far over the back of the seat that it rests warmly upon your knees all through the performance. She has a perfect right, you see, to put her coat anywhere she wants to, regardless of the convenience or rights of any one else.

It is a sorry day for you when she

moves into the apartment above you. She has cultivated a habit of tapping the floor with her foot whenever she wants to emphasize a remark. And she seems to do it simply because she'd like to know who has a right to tell her not to! You'll find her everywhere. She may be the washwoman who feels that it is her right to demand a quarter extra every time there are three shirtwaists in the wash instead of the usual two. She may be the saleswoman with the languid air, who feels very strongly her right to be utterly independent of employers or patrons. She may be the impetuous young person who thinks that it is her right to "live" without any compunction about how she does it.

But whoever she is, wherever she lives, you'll know her as soon as you see her. For she leaves no doubt in anybody's mind that she has certain rights which must be granted. And she is always climbing all over somebody else's rights and privileges in order to stand up and assert her own.

Woman's College Drive Extended

The campaign of the Woman's Medical College of Pennsylvania closed officially yesterday with the goal still almost \$100,000 away. However, the workers have decided to extend the time and make an effort to collect the remainder. The total pledged is \$100,000, of which \$30,000 has been collected during the last twenty-four hours.

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If you've never before cared for tea, "Salada" will make you as great a devotee as Samuel Johnson, "who with tea amused the evening, with tea solaced the midnight, and with tea welcomed the morning."

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Philadelphia

Scripps-Booth Post-Show Exhibition

Visitors at the show were unrestrained in their expression of appreciation for our effort to give them in the new Scripps-Booth the best light Six that money and engineering skill can produce.

Many have requested further opportunity to inspect these models. Therefore we will continue the exhibition of all show models and several others in our Show Rooms week of January 19th to 24th.

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